



EUROPEAN WUSHU FEDERATION



**16th EUROPEAN WUSHU
CHAMPIONSHIPS**

**14 – 20 of May 2016, Moscow, Russia
Organised by European Wushu Federation
Hosted by Russian Wushu Federation**

Competition book



EUROPEAN WUSHU FEDERATION

16TH EUROPEAN WUSHU CHAMPIONSHIPS 9TH EUROPEAN JUNIOR WUSHU CHAMPIONSHIPS

General Information

Date and Location

The 16th European Wushu Championships for adults, and 9th juniors, cadets and children (IWUF events, Taolu and Sanda) will be held from 16th to 20th of May 2016 in in Moscow Wushu Palace, Hersonskaya street 30/2–1, Moscow, Russia. (ул. Херсонская 30, корпус 2, строение 1).

Teams must arrive the 14th May 2016 prior to 19:30 (see Competition schedule)

Judges course

Judges must arrive on the 13th of May 2016, prior 18:30 (see Competition schedule). The judges course will be held on 14th and 15th of May.

The fee for “C” degree judges for the refreshing course is **50€**, for new judges – **150€**. “A” and “B” degree judges are not charged any fee.

Payments for courses are to be done prior to the course.

Duanwei Grading (EWGS)

The EWGS “Duan” (adult grade) and “Ji” (children degree) examination will take place every day at 19.00 after competition.

For EWGS Duan grading send applications to dragonway@rambler.ru.

Duanwei grading is open to judges, athletes, coaches and other team members and observers.

Congress

The EWUF Congress will be held on May 15th 2016, at 10.00 a. m. in Moscow Wushu Palace.

Competition and training venues

“Moscow Wushu Palace” (address: Hersonskaya street 30/2–1), Moscow, Russia.

Participation: According to the EWUF Congress decision only official EWUF **active member's national teams** are allowed to attend this championship. The participation is subject to the payment of the EWUF membership fees (**2016 included to be paid prior the EC**).

1. All athletes and judges (except independent judges invited by the EWUF) must be nationals (or legal residents with a valid long-term residence permit) of the country they represent.

2. All athletes must be members of the respective EWUF-recognized national federation of the country they represent. If there is no special license or sport passport, the team leader must submit a written letter specifying that the athletes are members of the respective national federation.

3. If there is no official team/judges representing the EWUF member-country, The EWUF EB, may, at its sole discretion, allow the participation of "independent athletes" and "independent judges" from this country, following the IOC's policy of accepting the "independent olympians" participating in the OG under the IOC flag and anthem. Such a case must be ratified by the Congress by simple majority before the beginning of the competition.

4. For competitors under 18 years of age the parent or legal guardian must sign the written agreement for participation and the waiver of liability. If the parent/guardian is not attending the even with the competitor they must also have the documents signed and stamped by a notary.

Composition of the Team

One team leader; 6 IWUF Taolu coaches (2 for adult and 4 for junior teams); 4 Sanda coaches; (2 for adult and 2 for junior teams); One or two Taolu judges – judges must attend the judges course; One or two Sanda judges – judges must attend the judges course; One team doctor. Up to ten official observers which can have access to all related events.

Pay attention: the total number of athletes is set to 130.

Taolu teams:

Children:

Maximum 20 IWUF Taolu Category C (children age 9 – 11) – any mixture of boys and girls is allowed.

Cadets:

Maximum 30 IWUF Taolu Category B (cadets age 12 – 14) – any mixture of boys and girls is allowed.

Juniors:

Maximum 40 IWUF Taolu Category A (juniors age 15 – 17) – any mixture of boys and girls is allowed.

Adults:

Maximum 40 IWUF Taolu participants (adults age above 18 – 35) – any mixture of men and women is allowed.

Each IWUF Taolu competitor may at most enter 4 competition events (selected from and not exceeding 1 barehanded routine, 1 short weapon routine, 1 long weapon routine and 1 dual event).

**There shall be only one competitor representing a country in each single taolu event.
There shall be not all-round winner.**

Sanda:

Juniors:

Maximum 8 male and 4 female Sanda participants (age 15–16 and age 17) – Each team may enter 1 competitor for one weight (1) category and each Sanda competitor may enter only one (1) weight category;

Maximum 9 male and 5 female Sanda participants (age 17) – Each team may enter 1 competitor for one weight (1) category and each Sanda competitor may enter only one (1) weight category;

Adults:

Maximum 11 male and 7 female Sanda participants (adults 18 – 35) – Each team may enter 1 competitor for one (1) category and each Sanda competitor may enter only one (1) category;

The age calculation for adults is the actual age of the competitor according to their birthday (in their passport) the day of draw lots for their event (both Taolu and Sanda). The age calculation for juniors, cadets and children is based on their age on the 1st January of actual year of the event (1st January 2016).

Competition events

Taolu competition

Nota bene: EWUF Certified Wushu shoes are required for all ages in taolu competition. The shoes can be purchased upon arrival.

IWUF Taolu Junior Category C – Children (age 9 – 11 boys and girls)

IWUF elementary compulsory routines (32 forms):

(国际武联指定教材。武术初级教程。上, 下。人民体育出版社 1997)

(As published in the volumes 1 and 2 of the "IWUF Elementary Wushu Routines". Renmin tiyu chubanshe 1997)

1. Changquan (32 forms)
2. Daoshu
3. Jianshu
4. Qiangshu
5. Gunshu
6. Nanquan (三十二势初级南拳)
7. Nandao
8. Nangun (三十二势南棍).
9. Taijiquan 16 forms (十六势太极拳基础套路)
10. Taijijian 16 forms (十六势太极剑套路)

IWUF intermediate compulsory duilian taolu

1. Duilian bare hand
2. Duilian with weapons

There shall be only one competitor representing a country in each single taolu event. There shall be not all-round winner.

IWUF Taolu Junior Category B – Cadets (age 12 – 14 boys and girls)

IWUF intermediate compulsory routines:

(国际武联指定教材。武术中级教程。上，下。人民体育出版社 1997)

(All except 32 forms taijijian as published in the volumes 1 and 2 of the "IWUF Intermediate Wushu Routines". Renmin tiyu chubanshe 1997)

1. Changquan <http://www.youtube.com/watch?v=6FlqPZj43jo>
2. Daoshu <http://www.youtube.com/watch?v=f0zPFz4O39w>
3. Jianshu <http://www.youtube.com/watch?v=hQj6fdIFSUs>
4. Qiangshu <http://www.youtube.com/watch?v=NyJbY4Y47tg>
5. Gunshu <http://www.youtube.com/watch?v=9bpb5bXp1CI>
6. Nanquan <http://www.youtube.com/watch?v=zyS4NFIRJUo>
7. Nandao <http://www.youtube.com/watch?v=kCIBIH2CWo>
8. Nangun <http://www.youtube.com/watch?v=rN7apOVK6SA&list=PL942DBDFB4FFEDFE9>

1st set of IWUF compulsory Routines: (第一套国际武术竞赛套路。)

1. Changquan
2. Daoshu
3. Jianshu
4. Qiangshu
5. Gunshu
6. Nanquan
7. Nandao
8. Nangun.

No.3 IWUF Elementary Compulsory Routines:

(国际武联指定教材。武术初级教程。上，下。人民体育出版社 1997)

(As published in the volumes 1 and 2 of the "IWUF Elementary Wushu Routines". Renmin tiyu chubanshe 1997)

9. Taijiquan (32 forms) <http://v.ku6.com/show/U5iG9o6Brsy-MbmJ.html>
10. Taijijian (32 forms) <http://v.ku6.com/show/gIGk3YnW7bYBnMTT.html>

IWUF compulsory intermediate duilian taolu

(国际武联指定教材。武术中级教程。下。人民体育出版社 1997)

(As published in the volumes 1 and 2 of the "IWUF Intermediate Wushu Routines". Renmin tiyu chubanshe 1997)

11. Duilian barehand (四十八势长拳对练)
12. Duilian with weapons (五十四势器械对练)

**There shall be only one competitor representing a country in each single taolu event.
There shall be not all-round winner.**

IWUF Taolu Junior Category A – Juniors (age 15 – 17)

1st set of IWUF compulsory Routines: (第一套国际武术竞赛套路。)

1. Changquan
2. Daoshu
3. Jianshu
4. Qiangshu
5. Gunshu
6. Taijiquan
7. Taijijian
8. Nanquan
9. Nandao
10. Nangun.

2d set of IWUF compulsory Routines: (第二套国际武术竞赛套路。)

1. Changquan
2. Daoshu, Jianshu, Qiangshu, Gunshu.

3d set of IWUF compulsory Routines: (第三套国际武术竞赛套路。)

1. Changquan,
2. Daoshu,
3. Jianshu,
4. Qiangshu,
5. Gunshu,
6. Taijiquan,
7. Taijijian,
8. Nanquan,
9. Nandao,
10. Nangun.

Dual Events:

1. Duilian bare hand (optional routine).
2. Duilian with weapons (optional routine).

Please note that the routines of: nanquan (南拳), nandao (南刀), nangun (南棍), taijiquan (太极拳) and taijijian (太极剑) of the 1 set and the 3d set of international compulsory routines **are different routines**.

Each Taolu competitor of IWUF Taolu Junior Category A may enter either the divisions of the 1st, the 2nd or the 3rd set of International Competition Taolu. For example one can do changquan taolu of the 1st set, daoshu or jianshu taolu of the 2d set and qiangshu taolu of the 3d set. Or one can do all the 3 taolu of the 1st, 2d or 3d set, as one likes.

**There shall be only one competitor representing a country in each single taolu event.
There shall be not all-round winner.**

IWUF Taolu Adult Category (18-35 years)

Optional Routines: (自选套路)

1. Changquan
2. Taijiquan
3. Taijijian
4. Jianshu
5. Daoshu
6. Gunshu
7. Qiangshu
8. Nanquan
9. Nandao
10. Nangun

2d set of IWUF compulsory Routines: (第二套国际武术竞赛套路。)

1. Changquan,
2. Daoshu,
3. Jianshu,
4. Qiangshu,
5. Gunshu and

From the 1st set of IWUF compulsory routines:

6. Taijiquan (42 forms)
6. Taijijian (42 forms)
7. Nanquan,
8. Nandao,
9. Nangun

3d set of IWUF compulsory Routines:

1. Changquan,
2. Daoshu,
3. Jianshu,
4. Qiangshu,
5. Gunshu,
6. Taijiquan,
7. Taijijian,
8. Nanquan,
9. Nandao,
10. Nangun.

Dual Events:

1. Duilian bare hand (optional routine).
2. Duilian with weapons (optional routine).

Please note that the routines of: taijiquan (太极拳) and taijijian (太极剑) of the 1st set and the 3d set of international compulsory routines **are different routines**.

**There shall be only one competitor representing a country in each single taolu event.
There shall be not all-round winner.**

Each Taolu competitor of IWUF Taolu Adult Category may enter both optional Taolu events and the 3rd set of International Competition Taolu events, but not the same division. I.e. if one competes in optional changquan, one cannot enter compulsory changquan, but can enter compulsory weapons or nanquan or taijiquan.

A Taolu athlete can only participate in 4 events, one barehand, one short weapon, one long weapon and one dual event.

Optional Taijiquan, Taijijian, Changquan, Nanquan, Daoshu, Jianshu, Nandao, Gunshu, Qiangshu and Nangun in adult competition will be implemented according to the optional routine competition rules (with nandu (difficulty degree) IWUF 2006).

In Optional Routines A, B and C degree nandu shall be scored. C degree shall be scored as the highest.

If there are less than six competitors in the group, they are added to another group, which is the closest (i.e. 2nd set compulsory and 3rd set compulsory routines may be merged together in junior competition).

Optional and Compulsory divisions cannot be merged together.

In dual events men and women cannot be mixed.

Sanda competition

SANDA COMPETITION METHODS

1. The competition will be Individual Competition.
2. The single knockout system will be adopted. If the number of competitors is three (3) or less, a single round –robin method will be adopted.
3. Following arrival and registration, the athletes will go through the initial weighing in and drawing lots formalities as stipulated in the schedule.
4. **All Sanda athletes will be required to weigh-in daily during the competition.**

SANDA COSTUMES & EQUIPMENT

Each competitor is required to possess their own mouth guard, jockstrap, and instep guard.

The T-shirts and shorts for sanda competition can be purchased upon arrival.

Gloves and other protective equipment will be provided by the Organizing Committee.

Juniors Sanda (age 15 to 16 years)

Male: 48kg, 52kg, 56kg, 60kg, 65kg, 70kg, 75kg, 80kg

Female: 48kg, 52kg, 56kg, 60kg

Sanda (age 17)

Male: 48kg, 52kg, 56kg, 60kg, 65kg, 70kg, 75kg, 80, 85 kg.

Female: 48kg, 52kg, 56kg, 60, 65 kg.

For the Junior Sanda category : It is not allowed to hit the head by leg, or hit the head by fists successively. **For the junior competition the time of each round shall be 1 minute 30 seconds.**

Sanda (age above 18 to 35 years)

Male: 48kg, 52kg, 56kg, 60kg, 65kg, 70kg, 75kg, 80kg, 85kg, 90kg, 90kg+

Female: 48kg, 52kg, 56kg, 60kg, 65kg, 70kg, 75kg

For safety reasons, when there is a great disparity of techniques between the two competitors, the platform judge, with the approval of the head judge, may proclaim the stronger competitor to be winner of the bout.

Registration must be within the deadline to send the final entry form. Failure to register this information within the required time will make the entry void and the team or athlete will not be allowed to compete.

Judges: *Each EWUF member is required to send at least 1 judge for Taolu and 1 judge for Sanda. If a member does not send judges they will have a penalty of 500€ per missing judge.*

Example: a member sends:

Team for Taolu and Sanda and no judges= 1000€ penalty fee

Team for Taolu, and 1 judge= OK

Team for Sanda, and 1 judge= OK

Team for Taolu and Sanda and 1 judge = 500€ penalty fee for not bringing the 2nd judge (either Taolu or Sanda).

Team for Taolu and Sanda and 2 judges = OK

There shall be independent judges invited by the EWUF for both taolu and sanda competition.

AWARDING

There shall be separate awarding for all events. All the diplomas shall have a mention as follows:

“16th European Wushu Championships – Taolu Competition”

“16th European Wushu Championships – Sanda Competition”

“16th European Junior Wushu Championships – Taolu Competition Youth category C”

“16th European Junior Wushu Championships – Taolu Competition Youth category B”

“16th European Junior Wushu Championships – Taolu Competition Youth category A”

“16th European Junior Wushu Championships – Sanda Competition Youth age 15 – 16”

“16th European Junior Wushu Championships – Sanda Competition Youth age 17”

The awarding shall be done following IWUF Rules unless stated otherwise. In IWUF Taolu competition, in case there are more than 6 competitors, 3 medals are awarded. In case there are 5 competitors 1st and 2nd places are awarded. In case there are 4 competitors, only 1st place is awarded.

COMPETITION MANAGEMENT

Taolu (IWUF) Head Judge and competition director	Haojun Zhuo 6 th Duan, EWUF "A" degree judge.
Jury of appeal Taolu	To be appointed
Sanda Head Judge	Alexander Raduncev, 6 th Duan, EWUF "A" degree judge.
Sanda assistant Head Judge	Manoil Manev 4 th Duan (independent judge),
Jury of appeal Sanshou	Roland Quenon 6 th Duan (independent judge), Petru Grindeanu 7 th Duan (Romania), Paulo Araujo, 7 th Duan (Portugal, Chairman). Henk Verschuur 5 th Duan

ENTRIES

Preliminary Entries

The Preliminary Entry Forms should be sent before 14th March to both the Organizing Committee of the 16th European Wushu Championships.

Final Entries

The Final Entry Forms (together with Application and Assessment Form for Degree of Difficulty of Optional Taolu and Application & Assessment Form for Compulsory Movements of Optional Taolu) must state the exact number of competitors taking part in the events. And the entries must reach both the Organizing Committee of the 16th European Wushu Championships 2016 and the EWUF Chairman of the Technical Committee no later than 24:00 (Moscow time) on or before **14th April 2016**.

Addresses to return the Preliminary and Final entry forms is shown on the entry forms.

No changes or additional entries will be accepted after the time limit. In exceptional cases changes might be allowed at the sole discretion of the decision of the Competition Director, if such a change is allowed there will be a penalty of 200 Euro **but no change whatsoever shall be allowed after the draw-lots.**

All entries must be properly typed or printed in English. They are valid only when signed by the President of the respective Federation and bearing the official stamp of the Federation.

Insurance and Medical Documents

Taolu competitors are required to hand in:

- Health Certificate (including electro-cardiogram, pulse and blood pressure). The Health Certificate is only valid if it has been issued within a period of 60 days prior to the competition.
- Valid Life Insurance Certificate.

Sanda competitors are required to hand in:

- Health Certificate signed by a doctor (including electro-encephalogram, electrocardiogram, pulse and blood pressure). The Health Certificate is only valid if it has been issued within a period of 30 days prior to the competition.
- Valid Life Insurance Certificate.

For competitors under 18 years of age (both taolu and sanda) the parent or legal guardian must sign the written agreement for participation and the waiver of liability. If the parent/guardian is not attending the even with the competitor they must also have the documents signed and stamped by a notary.

ETHICS CODE

All members of official team shall respect the EWUF Ethics Code. In addition to that, as the EWUF Congress voted to implement the IOC Ethics Code, under the IOC Charter, all participants, including Juniors are bind by both Codes.

DOPING CONTROL

Doping control will be conducted during the 16th European Wushu Championships according to the requirements of the World Anti-Doping Agency(WADA), and will follow the procedure prescribed in the World Anti-Doping Code (2015, hereafter 'Code')

Please take note of details pertaining to article 9 and article 10 below:

ARTICLE 9 AUTOMATIC DISQUALIFICATION OF INDIVIDUAL RESULTS: *"Violations to the Code and/or the Rules in Individual Sports in connection with an In-Competition test automatically leads to Disqualification of the result obtained in that Competition with all resulting Consequences, including forfeiture of any medals, points and prizes."*

ARTICLE 10 SANCTIONS ON INDIVIDUALS: *The athlete will be subject to a period of ineligibility.*

FINANCIAL CONDITIONS

As stipulated by the EWUF Congress' decision, the total cost for all participating teams shall be **75 € per person/day**, including lodging (standard double room with 2 athletes sharing the room), 3 meals, transfer from/to the airport. For single room the price shall be **95 € per person/day** for official team members and **105 € per person/day** for official observers. For sharing the standard room the price for observers shall be **80 € per person/day**.

All official team members, including observers, shall stay in OC designated hotels only. The organizing Committee shall be responsible for all related competition costs, including taking in charge involved "A" degree judges, EWUF EB, independent judges and VIPs.

Nota bene: Because of the restrictions imposed on russian banking sector and related difficulties of banking transfer, all teams are kindly required to bring the full payment in cash (for the convenience traveler's cheques can be used and changed in Moscow airports). A valid receipt shall be issued by the OC for all teams.

The payment of EWUF annual fee must be made no later than 1 month before the Congress and competition to the EWUF banking account in the UK (please contact Mr. Petru Grindeanu).

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CAMERAS and PHOTO EQUIPMENT

No professional video and photo cameras shall be allowed at the competition site unless the owners are not accredited before the event. Requests for accreditations shall be sent to the OC at least 1 month before the event.

Consumer and prosumer equipment shall be allowed at designated areas only.

OTHER MATTERS

Each team is required to bring the following:

- a. The original Final Entry Form signed by the President of the respective federation with the official seal of the federation;
- b. Health Certificates of all athletes and Combat sports dedicated Life Accidental Injury Insurance Certificate (country or region);**
- c. The 16th European Wushu Championships "Waiver of Liabilities" for each participant.
- d. The interpretation of these rules shall be the sole responsibility of the EWUF Technical Committee.

ANNEXES

**Preliminary and Final Entry forms, waiver of liabilities.
Please download from EWUF website.**